

Abstract

Title:

Case Study of Physiotherapy Treatment of a Patient after Proximal Humerus Fracture

Aim:

The main aim of this work was to summarize the theoretical knowledge, to be oriented in the specialized literature with given subject, and formulate the case study of the patient with subsequent evaluation of the therapy.

Method:

Bachelor thesis is divided into two parts, theoretical and special part. In the theoretical part I have been focused on anatomical and kinesiological facts shoulder girdle. I summarized information of conservative and surgical treatment of proximal humerus fractures and subsequent rehabilitation care. In a special part I wrote a case study of the patient after broken proximal humerus, whose treatment was solved by osteosynthesis, the course of all therapies and afterwards resulting effect.

Key words:

Proximal humerus, fracture, osteosynthesis, rehabilitation, range of motion, shoulder girdle